



Information about your Medical Services

Medical Abortion

Name: _____ Date of Birth: _____ Today's Date: _____
Date of Next Appointment: _____ Time: _____ Balance: _____ (← To be filled in by your Health Educator)

We thank you for choosing and trusting Falls Church Healthcare Center for your services and we welcome you as our patient. If you are a private pay patient, included in your healthcare service fees are your laboratory studies, sonogram, health education, the Doctor's fee, and your wellness follow-up in 13 to 20 days. If you are using your insurance you may need to pay copays or deductibles for your visits. It is very important that you follow all your aftercare instructions and that you return for your follow-up appointment. Please be thinking of which day will be convenient for you. Appointments are available Monday through Friday. Plan to be at the center approximately 45-60 minutes for your follow-up. The doctors will be available to review any of your related medical concerns at that time. Additional unrelated medical services such as a Well Woman Exam, IUD Consultation, or HPV Vaccine series can be included with your follow-up at the discounted rates or through your insurance. **Follow-ups rescheduled for more than 4 weeks after today's procedure may incur a nominal additional charge.** Please tell your Health Educator if you want to include the Well Woman Exam or any additional medical services with your follow-up.

Service Options: \$455 Medication Abortion
Services available Monday through Saturday

Rh Negative blood factor add \$65

Explanation of Your Medical Services Today: *Probable time at center: 1.5-2 hours*

A pre-registration sonogram appointment includes an ultrasound, lab testing, and health education. Your private pay abortion care fee can be paid either: in two parts a minimum of \$190 at your registration with the balance at your abortion care or at one time with the entire amount at your registration. Please let us know which you prefer today. *If you are using insurance, you will have to pay your office visit copay on this day and on the day of your procedure pay the copay or other cost prescribed by your insurance.* At this appointment, you will be greeted, fill out a medical history form, read additional information, and then make your payment. Next, you will complete your lab tests including a urine testing, Rh blood typing, and testing for anemia. If you are determined to have a negative Rh blood factor you will owe an additional \$65 for necessary medication. As of July 1, 2012 the Virginia legislature required ultrasound scans at least a day prior to your abortion care. During your ultrasound today your medical history will be reviewed. After your ultrasound, you will speak privately with your Health Educator. She will provide information tailored to your needs as a unique woman, review all of your paperwork, and schedule your abortion appointment. She also will review how to take care of yourself at home and she is available to answer any questions you may have. When you return for your next appointment plan to be here for 2 hours. *In addition to your sonogram, the state legislature requires some information be given to you in advance. **Please read the following information required by the state legislature.***

1. Explanation of Abortion Using Medications (MVIP): *Probable time at center: 1.5-2.5 hours*

Please discontinue use of any vaginal medications 24 hours before your abortion. When you return for your procedure, you will be greeted and you will make any remaining payment towards your account balance or *your additional insurance fees.* Next, your vitals will be taken; you will review your aftercare, schedule your follow-up appointment, and sign your medical consents for treatment.

Abortion using Medications depends on your compliance and following a specific set of treatment instructions during a multi-step process. Some women choose this process because it seems like a miscarriage and avoids instrumentation. You have selected to voluntarily interrupt your pregnancy using the medications in an alternative evidence-based regimen. The FDA has recognized that alternative evidence-based use of medicines by clinicians is appropriate and may represent the standard of practice.

Mifepristone is given to patients early in a pregnancy, before the end of the eighth week. The medical abortion process begins at your appointment and continues until your required follow-up appointment 1-2 weeks later. If indicated by the doctor the first medication **Mifepristone** is administered. Mifepristone is an anti-progesterone that temporarily decreases a hormone needed for the pregnancy to continue. In addition, the medication causes the endometrial lining to shrink from the uterine wall like in a monthly period.

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You will receive a second medication, **Misoprostol**, with full written instructions to use at home. Mild to heavy cramping and bleeding may begin within 2 to 48 hours after its use. Misoprostol does not cause the abortion; it only works in conjunction with the first medication to shorten the process. The pregnancy tissue is usually passed within 2 to 72 hours, but for some women this process may take longer. Slower expulsion does not mean the process isn't working.

It is very important that you follow all the instructions we give you. It is necessary for you to return to the center for your check up to verify you are okay with another vaginal ultrasound. It is very important that you keep your follow-up appointment.

Possible complications and SIDE EFFECTS:

Abortion using Mifepristone with Misoprostol is a very safe procedure. Less than 2 – 6 % of patients have any problems at all. Most medical experts agree that risks associated with abortion are significantly lower than the risks associated with childbirth. But as with any medical procedure problems could arise and we want to point them out to you. Possible complications of a medical abortion include failure of the medications to terminate the pregnancy (less than 2% of cases) requiring a suction procedure to complete the abortion. Incomplete expulsion of the products of conception, requiring additional medication, monitoring or a suction procedure to complete the abortion (occurs in less than 6% of cases). Excessive bleeding, requiring additional medication, monitoring or a suction procedure, and rarely, transfusion (less than 1% of cases). Uterine infection, requiring the use of antibiotics (0.09%-0.6% of cases). Death secondary to toxic shock following infection with *Clostridium sordellii* (has occurred in less than 0.001% of cases in the U.S. & Canada).

Studies have proven medication abortion to be very safe and successful; over 96 % of all patients experience a complete expulsion of the pregnancy within two weeks. A slow or failed abortion is rare but easily completed here at the Center for no additional cost. Treatment could be additional medication, repeated testing or an aspiration D&C. It is important that you agree to have additional treatment if the medication abortion fails. **Tell our doctor if you are breast-feeding; you will need to discontinue while using these medications.**

We will provide our 2 telephone numbers - our center number for any questions, problems or concerns you may have as well as an after-hours medical emergency number. There are alternatives to abortion. These include parenthood and adoption. Falls Church Healthcare provides interim prenatal care, referrals for pre-natal care and offer adoption facilitation services as part of our gynecology medical practice.

2. Withdrawal of Consent: You may withdraw your consent at any time prior to the performance of the procedure.

3. Offer to Speak with the Physician: You will be able to speak with the physician on the day of your appointment before your procedure to review any questions or concerns you may have.

4. Probable Gestational Age: An ultrasound scan will be performed by a doctor, nurse, or sono technician prior to the abortion to evaluate the gestational age. Your health educator can estimate the gestational age based on the first day of your last normal period.

5. The final point of information required by the state legislature to be shared with our patients in advance is the offer to review state printed materials. Those materials include information on fetal development; a list of agencies providing alternatives to abortion; information on medical assistance benefits available for prenatal care; childbirth and neonatal care; and information on child support and assistance in the collection of child support. **It will also include a list of public and private agencies and services that provide ultrasound imaging and auscultation of fetal heart tone services free of charge.** You have the right to review the materials the legislature prepared; copies are available here free of charge or online at www.vdh.virginia.gov/.

This information was assembled under the direction of our Medical Director.

*Contact Falls Church Healthcare Center
(703) 532-2500 or WomenFirst@FallsChurchHealthcare.com*

Thank you for stopping by today, we are here to help and are just a phone call or email away!