



Information about your Medical Services

Surgical Abortion

Name: _____ Date of Birth: _____ Today's Date: _____
Date of Next Appointment: _____ Time _____ Balance: _____ (← To be filled in by your Health

Educator)

We thank you for choosing and trusting Falls Church Healthcare Center for your services and we welcome you as our patient. If you are a private pay patient, included in your healthcare service fees are your laboratory studies, sonogram, health education, the Doctor's fee, and your wellness follow-up in 13 to 20 days. If you are using your insurance you may need to pay copays or deductibles for your visits. It is very important that you follow all your aftercare instructions and that you return for your follow-up appointment. Please be thinking of which day will be convenient for you. Appointments are available Monday through Friday. Plan to be at the center approximately 45-60 minutes for your follow-up. The doctors will be available to review any of your related medical concerns at that time. Additional unrelated medical services such as a Well Woman Exam or IUD Consultation can be included with your follow-up at the discounted rates or through your insurance. **Follow-ups rescheduled for more than 4 weeks after your procedure may incur a nominal additional charge.** Please tell your Health Educator if you want to include the Well Woman Exam or any additional medical services with your follow-up.

Service Options: \$440 Awake (can drive self) & \$565 "Asleep" (IV sedation, needs ride)

Services available Monday through Saturday

Rh Negative blood factor add \$65

YOUR MEDICAL SERVICES:

1. Explanation of Registration Appointment: *Probable time at center: 1.5-2 hours*

A registration appointment includes completing paperwork, an ultrasound, lab testing, and health education. At this appointment, you will be greeted, fill out a medical history form, read additional information, and then make your payment. Next, you will complete your lab tests including a urine testing, Rh blood typing, and testing for anemia. If you are determined to have a negative Rh blood factor you will owe an additional \$65 for necessary medication. As of July 1, 2012 per Virginia legislation, ultrasound imaging shall be performed a day or more prior to the abortion. The ultrasound helps confirm the gestational age. During the ultrasound your medical history will be reviewed. After your ultrasound, you will speak privately with your Health Educator. She will provide information tailored to your needs as a unique woman, review all of your paperwork, and schedule your abortion appointment. She also will review how to take care of yourself at home, review family planning options and answer any questions you may have. Private pay patient pay a fee of \$190 is credited towards the final cost of your procedure. *If you are using insurance, you will have to pay your office visit copay on this day and on the day of your procedure pay the copay or other cost prescribed by your insurance*

2. Explanation of Surgical Abortion: *For procedure probable time at center: 2.0-3.0 hours*

In addition to your sonogram, the state legislature requires some information be given to you at least 24 hours before your abortion. **Please read the following information required by the state legislature.** Please discontinue use of any vaginal medications 24 hours before your abortion. We require that you have **someone drive you home** and have **nothing to eat or drink** (including water, smoking, candy or chewing gum) **8 hours** prior to your appointment. When you return for your procedure, you will be greeted and you will make any remaining payment towards your account balance or *your additional insurance fees*. Next, your vitals will be taken again. You will next be given your pre-medications, review your aftercare, schedule your follow-up appointment, have opportunity to ask questions then sign your medical consent for treatment.

You may choose to be awake and aware of your surroundings with medication to aid in your comfort or to be "asleep" unaware of your surroundings with more comfort during the procedure. After a brief pelvic exam the doctor places a speculum to see the cervix. A dilator is used to dilate the cervix and a small canula gently removes products of conception and menstrual tissue with a very gentle suction. The doctor may do a final check with a curette. This is called an "aspiration D&C". You will be in the procedure room approximately 10 minutes.

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After the procedure you will be taken to a patient lounge to monitor your progress. Some women experience light cramps during their recovery. If your lab test indicated you are Rh-negative a medication called Rhogam is required to prevent potential problems in a future pregnancy. The lounge attendant will again review your after-care, confirm your follow-up appointment and assist you with birth control information as you request.

When you feel comfortable, usually after 25-40 minutes, you may be discharged. You will be able to have a light meal and return to your normal activities immediately. We will provide our 2 telephone numbers - our center number for any questions, problems or concerns you may have as well as an after-hours medical emergency number.

There are alternatives to abortion. These include parenthood and adoption. Falls Church Healthcare provides interim prenatal care, referrals for pre-natal care and offer adoption facilitation services as part of our gynecology medical practice.

Possible complications:

Although rare, possible complications from surgical abortion include: blood clots accumulating in the uterus, requiring another suctioning procedure, medication or monitoring, (less than 0.2% of cases). Infections, most of which are easily identified and treated if the woman carefully observes follow-up instructions, (0.1%-2.0% of North American cases). A tear in the cervix, which may be self-healing or repaired with stitches (0.6-1.2% of cases). Perforation (a puncture or tear) of the wall of the uterus and/or other organs (less than 0.4% of cases), this may heal itself or may require surgical repair or, rarely, hysterectomy. Missed abortion, which does not end the pregnancy and requires the abortion to be repeated (less than 0.3% of cases). Incomplete abortion, in which tissue from the pregnancy remains in the uterus, and requires a repeat suction procedure, (0.3%-2.0% of cases) or medication or monitoring. Excessive bleeding requiring a blood transfusion (0.02%-0.3% of cases). Death occurs in 0.0006% of all legal surgical abortions (1 in 160,000 cases). These rare deaths are usually the result of such things as adverse reactions to anesthesia, embolism, infection, or uncontrollable bleeding. In comparison, a woman's risk of death during pregnancy and childbirth is ten times greater.

3. Withdrawal of Consent: You may withdraw your consent at any time prior to the performance of the procedure.

4. Offer to Speak with the Physician: You will be able to speak with the physician on the day of your appointment before your procedure to review any questions or concerns you may have.

5. Probable Gestational Age: Fetal ultrasound imaging shall be performed prior to the abortion to confirm the gestational age by one of our technicians or nurse.

6. The final point of information required by the state legislature to be shared with our patients in advance is the offer to review printed materials they prepared. Those materials include information on fetal development; a list of agencies providing alternatives to abortion; information on medical assistance benefits available for prenatal care; childbirth and neonatal care; and information on child support and assistance in the collection of child support. **It will also include a list of public and private agencies and services that provide ultrasound imaging and auscultation of fetal heart tone services free of charge.** You have the right to review the materials the legislature prepared; copies are available here free of charge or online at www.vdh.virginia.gov/.

This information was assembled under the direction of our Medical Director.

*Contact Falls Church Healthcare Center
(703) 532-2500 or WomenFirst@FallsChurchHealthcare.com*

Thank you for stopping by today, we are here to help and are just a phone call or email away!